



Italy Ski Trip – Easter 2024

Parent Information Pack



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Behaviour and Expectations Agreement.

Dear Parent,

Garnock Community Campus expects very high standards of conduct and behaviour at all times during any trip or excursion. It is vital that pupils are aware of this and meet the high standards expected of them at all times. Please read the statements below and make you child aware of them.

- **Pupils are absolutely prohibited from consuming alcohol.**
- **Pupils are absolutely prohibited from smoking.**
- **Curfews will be set and must be obeyed at all times.**
- **Meeting times and places must be adhered to.**
- **Pupils must conduct themselves properly in rooms (Any accidental breakages or damage to rooms must be reported).**
- **Pupils must not run in hotel corridors.**
- **Rooms should be kept tidy, with no litter.**
- **Pupils must follow instructions of teachers and ski leaders at all times.**
- **Pupils must not ski alone without instruction or supervision.**
- **Finally, pupils will be representing Garnock Community Campus and are expected to maintain high standards of behaviour and respect at all times.**

As you will understand, failure of pupils to adhere to these guidelines could result in jeopardising the safety and wellbeing of themselves and others. We trust that you will accept and agree with these rules.

Italy Ski Trip
Garnock Community Campus
Pupil Information Sheet

Dear Parent/Guardian,

Could you please provide the following information about your child. Please ensure that the information you provide is as accurate as possible.

If you have not already done so, can you please provide a photocopy of your child's passport to Miss Finn as soon as possible. Alternatively the passport can be scanned and an email sent to gw20finnvhari@ea.n-ayrshire.sch.uk. Passports must be valid until at least 1st October 2024.

Pupil Name : - _____

The information required is needed in order to reserve the correct equipment (*skis, poles & boots*) and tuition groups for each pupil.

1) Height (cm) : _____

2) Weight (kg) : _____

3) Shoe Size : _____

4) Head Circumference: _____

5) Previous Experience Skiing (*please tick as appropriate*)

Advanced	
Competent (Can parallel turn)	
Limited Experience (Skied at Brahead/Dry ski slope)	
Absolute Beginner	

Flight Information

Detailed below are the travel arrangements. **Please keep this information safe.**

Departure

Departure Date	Sunday 31 st March 2024
Meeting Time	Pupils should meet at Garnock Community Campus at 05:45
Flight Time	10:30
Airport	Edinburgh
Flight Number	EZY3177
Destination	Geneva
Arrival Time	13:45
Arrive at Hotel	17:30

Return

Return Date	Saturday 6 th April 2024
Flight Time	13:20
Airport	Milan Malpensa
Flight Number	EJU3833
Destination	Edinburgh
Arrival Time	14:40
Arrive Garnock C.C.	16:30

(pupils will be given opportunity to call if arrival time changes)



Accommodation Information

Hotel – Express Hotel, Aosta

Web site - www.hotelexpressaosta.it/en/



Pupils will be provided with breakfast and evening meal in the hotel. A hot lunch will be provided every day at a venue on the mountain/slope.

Daily room inspections will take place in order to avoid problems or mishaps and to help to maintain standards. Any damage or breakages must be reported.

Rooms will be grouped together (i.e. all on the same floor, close to each other), with staff rooms at intervals between pupils. This ensures maximum supervision and increases safety.



Insurance/Passports

All pupils are fully insured for the trip. However, it is helpful to have a **UK Global Health Insurance Card (UK GHIC)**. This can be useful as it acts as proof of entitlement to medical treatment while abroad and makes the process easier.

The card is free of charge and application forms are available online <https://www.nhs.uk/using-the-nhs/healthcare-abroad/apply-for-a-free-uk-global-health-insurance-card-ghic/>.

Additional ski insurance is included in the price of the trip which covers rescue on the slopes, treatment in the local medical centre and local hospital.

One week prior to the trip I would ask that your passport and GHIC is brought in to school and given to Miss Finn who will keep all the passports until they are needed at passport control.



Essential Clothing/Equipment Lists

- A warm woollen hat that covers the ears
- Waterproof gloves (*not woollen or fleece*)
- Salopettes
- Tracksuit bottoms/thin trousers to wear under Salopettes (*jeans not recommended*)
- Long warm socks or football socks
- Thin layers of upper clothing, i.e, t-shirts, sweatshirts, fleeces, jumpers, tracksuit tops.
- A padded waterproof jacket
- Eye protection (goggles or sun glasses)
- A rucksack, small backpack or bumbag
- **Appropriate** clothing for evenings
- Toiletries including sun cream and lip salve
- Luggage Allowance is **20kg** (*Pupils will be charged for additional weight*)
- Spending Money (£100 is recommended amount, changed into Euros)
- Sturdy/Waterproof Footwear for walking (*possibly in snow*)

When packing, please note that each passenger is allowed **ONE** suitcase weighing **no more than 23kgs** and a small under the seat cabin bag (45 x 36 x 20 cm).

Pupils may want to bring equipment such as a goPro or smart phone. If so, it is **their responsibility** to look after.

We have a range of Ski Jackets and salopettes which have been used on previous trips that can be borrowed to try and help keep costs down.